Friends that Sweat Together, Stay Together!

<u>August Fitness Challenge in</u> collaboration with *Free Fitness Fridays*!

Bring a guest on Fridays for Free or exercise with another member by participating in our Buddy Bingo Challenge together!

Special Joining Incentives:

the challenge pay no
enrollment fee and only \$40
for the month of August!

Prizes for challenge participants:

All participants will receive \$10 towards their membership credit for September, and the <u>first 10 guests</u> to sign up will receive an additional \$10 credit!

Pick up a copy of the challenge near the check-in or at the Fitness



