



# Hunterdon Health

Hunterdon Regional Cancer Center

2100 Wescott Drive, Flemington, NJ 08822

Phone: 888-788-1260

[www.hunterdonhealth.org](http://www.hunterdonhealth.org)

Hello,

Thank you for your interest in the Family Risk Assessment Program (FRAP) at Hunterdon Regional Cancer Center. The program is designed for adult women and men who have a family or personal history of breast, ovarian, colorectal, uterine, prostate, pancreatic, or other cancers. Individuals who wish to learn more about the risks for these cancers for themselves or their family members are encouraged to participate.

The Family Risk Assessment Program will provide you with information about cancer risk and individualized recommendations for cancer screening, early detection, and risk reduction. This information may be shared with your health care providers and used to develop a medical management plan that is appropriate for you. Some factors that are evaluated when looking at one's risk for cancer include family cancer history, personal reproductive history, age, history of biopsies, height and weight, and environmental exposures. For some participants, genetic testing can help us better define cancer risk, although not all FRAP participants have genetic testing. You may attend appointments alone or with family members or other support persons.

Your appointment for evaluation and management of your risk for cancer will be billed to your insurance company. **If your insurance requires you to obtain a referral, please complete this before your visit for the evaluation (referrals should be made out to Hunterdon Medical Center).** If you do not have health insurance, please contact us so we can help you obtain the assistance needed to participate in FRAP and receive other health care.

A brochure about FRAP and an outline of the components of the program are both attached. Also included in this mailing is a Health History Questionnaire designed to collect important information about you and your family. Please complete this questionnaire prior to your appointment. You may either bring it with you or mail it to us in advance in the envelope provided.

Please do not hesitate to contact us if you have any questions or concerns. Do not include any personal health information in e-mail communications.

We look forward to meeting with you soon.

Sincerely,

Rachel Rando, MS, LGC (908) 788-2566, [rando@hhsnj.org](mailto:rando@hhsnj.org)

Mary M. Vecchio RN, MSN, APNC, OCN, CTTS (908) 788-2546, [mvecchio@hhsnj.org](mailto:mvecchio@hhsnj.org)