



WEEKEND LAMAZE CLASSES 2024 DATES

January 13

July 13

February 10

August 10

March 9

September 14

April 13

October 12

May 11

November 9

June 8

December 14

Couples should plan on attending the class as close to their due date as possible, so that the information is not forgotten!

Class times are 8:30 a.m. to 4:30 p.m. Please pack a lunch to bring.

Cost \$180.00

(insurance often covers part of the cost!)

Pre-registration is required.

Please call Parenting and Childbirth Education Services at (908) 788-MOMS(6667) if you have any questions, otherwise please use the registration form to reserve your place.



Hunterdon Health