

Personal Safety, Situational Awareness & Self Defense Workshop

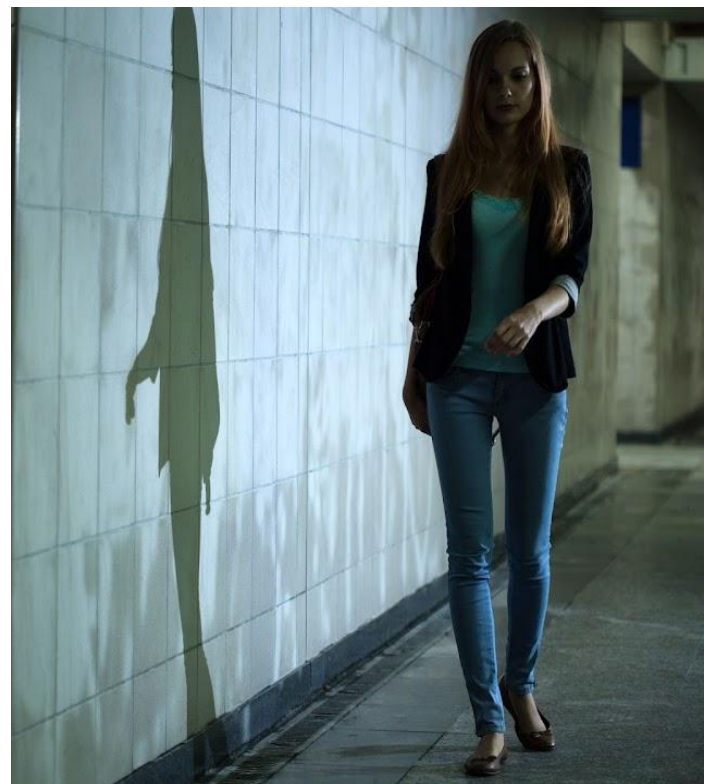
Presented By:



Registration Fee: \$25
Saturday, November 2, 2024
1:00 PM – 3:30 PM

**Hunterdon Health & Wellness
Center**
Whitehouse Station
537 Rt. 22 East
Atrium Studio

**Join us for this course designed
to equip individuals with the
skills and knowledge needed to
protect themselves,
emphasizing personal safety,
situational awareness, and
recognition of potential threats.**



To register, call the
Front Desk at 908-534-7600



Hunterdon Health

Hunterdon Health and Wellness Centers
Clinton • Whitehouse Station