



Menu of the Week August 4th - 8th



Monday

Potato Dill Soup
Salsa Verde Chicken \$4.50
Tuna Melt \$4.50
Chef's Choice

Sidewinder Fries
String Beans
Carrots

Tuesday

Asian Bowl - \$5.50

Base: Brown Rice or Pad Thai Noodles
Protein: Shrimp, Chicken, Vegan Chicken
Top with: Broccoli, Snow Peas, Mushrooms,
Peppers, Carrots, Scallions, Sesame Seeds
Assorted Sauces

Stuffed Pepper Soup
Fried Flounder \$4.50
Brown Rice
Broccoli

Wednesday

Cheesy Ham Chowder
Chicken Fajitas \$5.50
Asparagus & Swiss Quiche \$4.00
Chef's Choice

Pizza Plain \$ 2.35 Pizza with 1 topping
\$2.55 Specialty Pizzas \$2.75
Roasted Potatoes
Peas Mixed Squash

Thursday

Summer BBQ

Cream of Broccoli Soup
Salmon with Curry Cream Sauce \$5.50
Cavatelli & Broccoli \$4.00
Pork & Vegetable Eggroll \$1.75
Whipped Potatoes Brussel Sprouts Beets

Grilled Flatbreads \$5.50

BBQ Pineapple Chicken or
Spinach, Mushroom & Cheese
Sides: Cucumber Salad & Watermelon
*Weather Permitting

Friday

Maryland Crab Chowder
Monte Cristo Sandwich \$5.50 Half \$2.75
Lemon Pepper Tilapia \$4.75
Manicotti \$1.75

Tater Tots
Corn
Creamed Spinach

Soup \$1.95 Daily

Vegetables \$1.25 Daily

Fries \$1.50

A variety of to go salads and sandwiches are available

ECafe2U open for your convenience

Open 7 days a week, 7:00 am - 2:30 pm & 4:00 pm - 6:30 pm (closed 2:30 pm - 4:00 pm daily)
Weekends til 2:00 pm