



**Menu of the Week
October 20th - 24th**



Monday

Cream of Mushroom Soup
Baked Ziti \$4.00
Beer Batter Fish & Chips \$5.25
Creamy Lemon Parmesan Chicken \$4.50

Steak Fries
String Beans
Beets

Tuesday

Mediterranean Bowl - \$5.50

Base: Brown Rice, Mixed Greens or Flatbread
Protein: Shawarma Chicken or Falafel
Top w/: Zucchini, Eggplant, Curry Cauliflower,
Tomatoes, Cucumbers, Feta, Olives, Hummus,
Tzatziki Sauce or Balsamic Glaze Dressing

Turkey Noodle Soup
Lemon Pepper Tilapia \$4.75
Curry Cauliflower
Brown Rice

Wednesday

Creamy Potato Leek Soup
Citrus Salmon \$5.50
Vegetarian Fried Rice \$4.00
Chicken Diane \$4.50

Pizza Plain \$ 2.35 Pizza with 1 topping
\$2.55 Specialty Pizzas \$2.75
Whipped Potatoes
Asparagus 5 Way Veggies

Thursday

Broccoli Cheddar Soup
Stuffed Pepper \$ 2.75
Mushroom & Onion Quiche \$4.00
Chicken Chipotle Panini \$5.50 or
Special ½ w/ Soup \$4.60

Tater Tots
Corn
Brussel Sprouts

Friday

Tomato Soup
Grilled Cheese on Whole Grain \$3.50
Shrimp Scampi over Linguini \$4.75
Breaded Pork Chop w/ Applesauce \$4.75

Onion Rings
Carrots
Spinach

Soup \$1.95 Daily

Vegetables \$1.25 Daily

Fries \$1.50

A variety of to go salads and sandwiches are available

ECafe2U open for your convenience

**Open 7 days a week, 7:00 am - 2:30 pm & 4:00 pm - 6:30 pm (closed 2:30 pm - 4:00 pm daily)
Weekends til 2:00 pm**