

# Menu of the Week December 1st - 5th



#### Monday

Cream of Mushroom Soup
Baked Ziti \$4.00
Beer Batter Fish & Chips \$5.25
Creamy Lemon Parmesan Chicken \$4.50

Steak Fries
String Beans
Beets

## Tuesday

Mediterranean Bowl - \$5.50

Base: Brown Rice, Mixed Greens or Flatbread Protein: Shawarma Chicken or Falafel

Top w/: Zucchini, Eggplant, Curry Cauliflower, Tomatoes, Cucumbers, Feta, Olives, Hummus, Tzatziki Sauce or Balsamic Glaze Dressing

Turkey Noodle Soup

Lemon Pepper Tilapia \$4.75

**Curry Cauliflower** 

Brown Rice

## Wednesday

French Onion Soup
Citrus Salmon \$5.50
Vegetarian Fried Rice \$4.00

Vegetarian Fried Rice \$4.00

Chicken Diane \$4.50

Pizza Plain \$ 2.35 Pizza with 1 topping

\$2.55 Specialty Pizzas \$2.75

Whipped Potatoes

Asparagus 5 Way Veggies

#### **Thursday**

Broccoli Cheddar Soup Stuffed Pepper \$ 2.75

Mushroom & Onion Quiche \$4.00 Chicken Chipotle Panini \$5.50 or

Special ½ w/ Soup \$4.60

**Tater Tots** 

Corn

**Brussel Sprouts** 

### **Friday**

Tomato Soup
Grilled Cheese on Whole Grain \$3.50
Shrimp Scampi over Linguini \$4.75
Breaded Pork Chop w/ Applesauce \$4.75

Onion Rings

Carrots

Spinach

Soup \$1.95 Daily Vegetables \$1.25 Daily Fries \$1.50

A variety of to go salads and sandwiches are available

ECafe2U open for your convenience

Open 7 days a week, 7:00 am - 2:30 pm & 4:00 pm - 6:30 pm (closed 2:30 pm - 4:00 pm daily)

Weekends til 2:00 pm