

National Parkinson's Month Fundraiser

Join the **Rock Steady Boxing Team** in supporting the Rock Steady Boxing program at the **Clinton Wellness Center!**

Come cheer on our fighters as they battle the symptoms of **Parkinson's Disease** with strength, determination, and community support.

Fundraising Events

Punch-a-thon (A Penny a Punch)

- **Wednesday, April 8** |
12:00 PM – 1:00 PM (Clinton)
- **Friday, April 10** |
11:30 AM – 12:30 PM (Clinton)



Power Cycle

Saturday, April 11 |
9:15 AM – 10:15 AM (WHS)



Kickboxing

Saturday, April 18 |
9:15 AM – 10:15 AM (WHS)



Body Balance

Friday, April 10 |
10:30 AM – 11:30 AM (Clinton)

Complete the back of this sheet and return it to the front desk.
We will take payment at the time of the events



Hunterdon Health

Hunterdon Health and Wellness Centers

Donation Options

- **\$25 for 1 class**
- **\$40 for 2 classes**
- **\$60 for 3 classes**

Every punch, pedal, and movement helps make a **difference.**

Thank you for supporting our fighters!



NAME _____

PUNCH-A-THON:

WEDNESDAY APRIL 8TH:

- 12:00 - 12:10
- 12:10 - 12:30
- 12:30 - 12:40
- 12:40 - 12:50
- 12:50 - 1:00

FRIDAY APRIL 10TH:

- 11:30 - 11:40
- 11:40 - 11:50
- 11:50 - 12:00
- 12:00 - 12:10
- 12:10 - 12:20
- 12:20 - 12:30

BODY BALANCE: FRI APRIL 10 @ 10:30

POWER CYCLE: SAT APRIL 11 @ 9:15

KICKBOXING: SAT APRIL 18 @ 9:15

PAYMENT _____(DATE)

Thank you for your cash/check payment