



Menu of the Week
April 6th - 10th



Monday

Creamy Chicken, Leek & Mushroom Soup
Baked Ziti \$4.00
Fish & Chips \$5.25
Italian Sausage on a Brioche Roll \$4.50 w/
Onions \$4.75

Steak Fries
String Beans
Beets
Hot Box - Chicken Wings

Tuesday

Mediterranean Bowl - \$5.50

Base: Brown Rice, Mixed Greens or Flatbread
Protein: Shawarma Chicken or Falafel
Top w/: Zucchini, Eggplant, Curry Cauliflower,
Tomatoes, Cucumbers, Feta, Olives, Hummus,
Tzatziki Sauce or Balsamic Glaze Dressing

Vegetarian Minestrone Soup
Chicken Diane \$4.50
Curry Cauliflower
Brown Rice

Wednesday

French Onion Soup
Citrus Salmon \$5.50
Toasted Ravioli's \$0.60 each
Creamy Lemon Parmesan Chicken \$4.50

Pizza Plain \$ 2.35 Pizza with 1 topping
\$2.55 Specialty Pizzas \$2.75
Whipped Potatoes
Asparagus 5 Way Veggies

Thursday

Broccoli Cheddar Soup
Stuffed Pepper \$ 2.75
Mushroom & Onion Quiche \$4.00
Chicken Chipotle Panini \$5.50 or
Special ½ w/ Soup \$4.60

Tater Tots
Corn
Brussel Sprouts
Hot Box - Dill Pickle & Cream Cheese
Bombs

Friday

New England Clam Chowder
Beef or Bean Nachos \$4.75/\$4.25
Or have a Mexican Salad \$4.75
Lemon Pepper Tilapia \$4.75
Chef's Choice

Spanish Rice
Carrots
Spinach
Hot Box - Fried Calamari

Soup \$1.95 Daily

Vegetables \$1.25 Daily

Fries \$1.50

A variety of to go salads and sandwiches are available

ECafe2U open for your convenience

Open 7 days a week, 7:00 am - 2:30 pm & 4:00 pm - 6:30 pm (closed 2:30 pm - 4:00 pm daily)

Weekends til 2:00 pm