

Menu of the Week
November 1st- 6th



Monday

Creamy Chicken, Leek & Mushroom Soup
Vegetarian Jambalaya $4.00
Fish & Chips $5.25
Italian Sausage on a Brioche Roll $4.50 w/ Onions $4.75

Steak Fries
Corn
Beets
Hot Box - Brocolli Cheddar Bites

Tuesday

Mediterranean Bowl - $5.50
Base:Rice, Mixed Greens or Whole Wheat Pita
Protein: Shawarma Chicken or Falafel
Top w/: Garlic Greens, Eggplant , Curry Cauliflower, Tomatoes, Cucumbers, Feta, Olives, Hummus, Tzatziki Sauce or Balsamic Glaze Dressing

Vegetarian Minestrone Soup
Chicken Diane $4.50
Curry Cauliflower
Brown Rice

Wednesday

French Onion Soup
Smoked Tomato Glazed Salmon $5.50
Creamy Lemon Parmesan Chicken $4.50
Chef's Choice

Pizza Plain $ 2.35 Pizza with 1 topping $2.55
Specialty Pizzas or GF Margarita Pizza $2.75
Whipped Potatoes
Asparagus 5 Way Veggies

Thursday

New England Clam Chowder
Stuffed Pepper $ 2.75
Mushroom & Onion Quiche or Frittata $4.00
Ham,Cheddar & Apple Butter Panini $5.50 or Special ½ w/ Soup $4.60

Tater Tots
Green Beans
Brussel Sprouts
Hot Box - Chicken Wings

Friday

Chicken Vegetable Soup
Beef or Bean Nachos $4.75/$4.25
Or have a Mexican Salad $4.75
Lemon Pepper Tilapia $4.75
Chef's Choice

Spanish Rice
Carrots
Broccoli
Hot Box - Mozzarella Sticks

Soup $1.95 Daily **Vegetables $1.25 Daily** **Fries $1.50**

A variety of to go salads and sandwiches are available

ECafe2U open for your convenience

Open 7 days a week, 7:00 am - 2:30 pm & 4:00 pm - 6:30 pm (closed 2:30 pm - 4:00 pm daily)
Weekends til 2:00 pm